

# SHAZIA KHALID

E-mail: [shazia\\_gha@yahoo.com](mailto:shazia_gha@yahoo.com)

## EDUCATION

- + **M.Phil** Applied Psychology  
(2011)
- + **MBA** IBA  
2005 University of the Punjab, Lahore
- + **M.Sc** Ist Division; Department of Applied Psychology  
1996 University of the Punjab, Lahore
- + **BA** Ist Division; Lahore College for Women, Lahore

## EXPERIENCE

- + **Lecturer** Department of Applied Psychology  
2001 to University of the Punjab, Lahore  
Date
- + **Visiting faculty** The Institute of Management Sciences (Pak- A IMS)  
Institute of Administrative Sciences (Punjab University)  
Institute of Business Administration (Punjab University)  
TDCP, Govt. of the Punjab, Lahore
- + **Lecturer** Govt College for women Gulberg, Lahore  
1997-2001 Education Department Govt of The Punjab, Lahore
- + **Collection Officer** Citibank N.A, Alfalah Building, the Mall, Lahore  
1996-1997

## NATIONAL & INTERNATIONAL DISTINCTION

- + **Vice President** International Conference on Advances in  
Management (ICAM2011), Center for Advanced  
Studies in Management, USA.

- ✦ **Academic Merit Award** M.Phil Course Work 2008
- ✦ **Surprise Award** Dedication To Customers & Service Performance  
1997 Citibank N.A, Lahore
- ✦ **M.Sc** Second Position in Applied Psychology Department  
1996 University of the Punjab, Lahore
- ✦ **M.Sc** Fifth Position in University of the Punjab, Lahore  
1996
- ✦ **B.A** Academic Roll of Honor  
1995 Lahore College for Women, Lahore

## RESEARCH & PUBLICATIONS

- ✦ Conflict Types and Management Styles in Pakistani organizations  
“*Current Topics in Management*”, Center of Advance Studies in  
Management USA. Vol. 16 (in process)
- ✦ Impact of Emotional Intelligence-Training on Occupational Stress  
“*Current Topics in Management*”, Center of Advance Studies in  
Management USA. Vol. 16(in process)
- ✦ Relationship between emotional intelligence and organizational  
commitment of employees working in service oriented organizations  
“*Current Topics in Management*”, Center of Advance Studies in  
Management USA. Vol. 16(in process)
- ✦ A Study on the Relationship of Social Support, Stress and Work-family Conflict  
Facing Women University Teachers, published in “*Independent Business  
Review*” Independent University, Bangladesh. Vol. 3, No. 1, January 2010
- ✦ Psychosocial Correlates of Internet Addiction, published in *Journal of  
Behavioral Sciences*, Dept. of Applied Psychology, University of the  
Punjab, Lahore in Vol. 18 No. 1-2 2008
- ✦ Development of Local Norms of Meier Art Judgment Test “*Afro-Asian  
Journal of Psychology*” Vol. 13, No.2, July 2002
- ✦ Identifications of Personality Traits by Pakistani Unmarried Males &  
Females in their Would-be Spouses in 2001
- ✦ Gender Differences in Perception of Desirable Personality Traits “*Journal  
of Behavioral Sciences*” Dept. of Applied Psychology, University of the Punjab,  
Lahore Vol. 10, No. 2, 1999

## RESEARCH PROJECTS

- ✦ **Annual Punjab University Research Strengthening Grant 2010-2011** on “ Impact  
of Employer Branding on the Selection and Recruitment Process”

- ✦ **Annual Punjab University Research Strengthening Grant 2009-2010** on “Predictors of Coping with Work Stress”
- ✦ **Annual Punjab University Research Strengthening Grant 2008-2009** on “Impact of Thalassaemia on Patients and their Families with Special Reference to Quality of Life”
- ✦ **Annual Punjab University Research Grant 2007-2008** on “Psychosocial Consequences of Adolescent Depression”

## CO-CURRICULAR ACTIVITIES

- ✦ **Secretary Finance** Pakistan Psychological Association
- ✦ **Member** Afro-Asian Psychological Association
- ✦ **Member** Pakistan Society against Child Abuse & Neglect
- ✦ **Member** *JUNG* Forum, Daily Jung, Lahore
- ✦ **Compare** Different Programs on PTV
- ✦ **Script Writing** for Different Programs on Women Issues on PTV
- ✦ **Directed** Different Programs of *Khawateen Time* On PTV

## RESEARCH PAPER PRESENTATIONS

- ✦ **Paper Presented;** “Conflict Types and Management Styles in Pakistani Organizations” 13<sup>th</sup> –16<sup>th</sup> July, 2011, **Joint Conference of the 18th Annual International Conference on Advances in Management & 4th Annual International Conference on Social Intelligence. Cancun, Mexico. USA.**
- ✦ **Paper Presented;** “Impact of Emotional Intelligence-Training on Occupational Stress” 13<sup>th</sup> –16<sup>th</sup> July, 2011, **Joint Conference of the 18th Annual International Conference on Advances in Management & 4th Annual International Conference on Social Intelligence. Cancun, Mexico. USA.**
- ✦ **Paper Presented;** “Relationship between emotional intelligence and organizational commitment of employees working in service oriented organizations ” 13<sup>th</sup> –16<sup>th</sup> July, 2011, **Joint Conference of the 18th Annual International Conference on Advances in Management & 4th Annual International Conference on Social Intelligence. Cancun, Mexico. USA.**
- ✦ **Paper Presented;** “Relationship Between Exposure to Terrorism and Psychosocial and Behavioral Problems in Children” 15<sup>th</sup> -18<sup>th</sup> March 2010 **International Conference of Psychological Sciences & Applications UAE University Al-Ain, UAE.**
- ✦ **Paper Presented;** “Resilience among Parents Children with Autism” 15<sup>th</sup> -18<sup>th</sup> March 2010 **International Conference of Psychological Sciences & Applications UAE University Al-Ain, UAE.**

- ✦ **Paper Presented;** “Parental Training and Coping with Threats of Terrorism”.23<sup>rd</sup>-27<sup>th</sup> June 2010, 14<sup>th</sup> annual conference of Psychology **University of Peshawar.**
- ✦ **Paper Presented;** “Relationship between Eating Disorder and Adolescent Depression, 13<sup>th</sup> -15<sup>th</sup> October 2009, **NIP Islamabad.**
- ✦ **Paper Presented;** On Identifications Of Personality Traits By Pakistani Unmarried Males& Females In Their Would Be Spouses in Conference on Psychological Issues, “Pakistani Perspective”, 10<sup>th</sup> November 2001, Lahore
- ✦ **Paper Presented** On Gender Differences in Perception Of Desirable Personality Traits in Second Muslim Psychological Conference 15<sup>th</sup> -17<sup>th</sup> May 1996, Lahore

## CONFERENCES & COURSES

- ✦ **Member Organizing Committee;** National conference of Psychology “Resilience. Coping Strategies and Reconstruction of self among Women”, 11 March 2010 Dept of applied Punjab University. Lahore
- ✦ **Participated** in March 2009 Annual Conference on Depression by Pakistan Psychiatric Association arranged at Services Hospital, Lahore.
- ✦ **Participated** in Conference on the eve of Mental Health Week, March 2009, Government College University, Lahore
- ✦ **Participated** in Teachers Training Workshop, 10-15 July 2006 Kahanuspur, Murree Hills, arranged by the Department of Applied Psychology, University of the Punjab, Lahore
- ✦ **Participated** in Workshop on “Basics of Behavior Therapy” by Ms. Khan (Consultant Clinical Psychologist, UK), organized by the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 11th June, 2005.
- ✦ **Participated** in Workshop on “Reiki: Application and Treatment, Level II” by Dr. Shaharyar Aftab, organized by the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 4<sup>th</sup> June, 2005.
- ✦ **Participated** in Workshop on Reiki: Application and Treatment, Level I” by Dr. Shaharyar Aftab, Organized by the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 28<sup>th</sup> May 2005.
- ✦ **Participated** in Workshop on “REBT: Assessment and Intervention” by Ms. Saima Salman, Organized by the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 21st -22nd December, 2004.
- ✦ **Participated** in a seminar on “Drug Treatment Works” on International Day against Drug abuse & Illicit Trafficking, Organized by Academic

Department of Psychiatry and Behavioral Sciences, KEMC/Mayo Hospital, and Pakistan Psychiatric Society (Punjab Chapter), 26 th June, 2004.

- + **Participated** in a symposium on Student Counseling and Assessment services, held in the Department of Psychology and Applied Psychology, University of the Punjab, Lahore on 6<sup>th</sup> April 2004.
- + **Participated** in a workshop on developing a counseling package for victims of domestic violence, organized under DFID in PC, Lahore, 26th March, 2004.
- + **Participated** in a workshop on Hypnotherapy, conducted by Farzana Noor, in March 2001 in Department of Psychology and Applied Psychology, and on 9<sup>th</sup> October, 2003.
- + **Participated**; Faculty Orientation Program by Human Resources Development Centre, University of The Punjab, 17-28 July 2003, Lahore
- + **Participated**; Training Workshop on “Child Sexual Abuse” 22 January 2003, Lahore
- + **Participated**; 11th International Conference, Pakistan Psychological Association, 19-21 December 2002, Lahore
- + **Psychology Training Course**; University Grants Commission 27 May-01 June 2002, Lahore
- + **Psychology Training Course** for in-service teachers; Higher Education Commission, Islamabad. 27 May-01 June 2002, Lahore
- + **Member Organizing Committee**; 7th Regional conference of Psychology “Women in Developing Pakistan”, 12 March 2002 Lahore
- + **Secretary of Organizing Committee**; Conference on Psychological Issues, “Pakistani Perspective”, 10 November 2001, Lahore
- + **Participated**; Training Workshop on “Ikebana” Embassy of Japan, Pakistan & The Pakistan-Japan Cultural Association 12-15 March 2001, Lahore
- + **Participated** in One week Faculty Development workshop on “Computer Skills: Multimedia Use and MS Office” organized by University of the Punjab, Lahore in August 2000.
- + **Participated** in a Workshop on “Post-Traumatic Stress Disorders” run by Dr. Zahid Mahmood, a Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, held on 18<sup>th</sup> April 2000.
- + **Participated** in a Workshop on “Projective Techniques” run by Dr. Zahid Mahmood, a Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, held on 16<sup>th</sup> April, 2000.
- + **Participant** in Services Learning and Development workshop, Islamabad.
- + **Participated** in Inclusive Education training Workshop by Dept. of Special Education, University of the Punjab, Lahore.
- + **Participated** in 12<sup>th</sup> Conference by Pakistan Psychological Association on Psychological Management in Disastrous Situations arranged at Lahore College for Women, Lahore

# AREA OF INTREST

- ✚ Organizational Psychology
- ✚ Organizational Behavior
- ✚ Consumer Behavior
- ✚ Human Resource Management
- ✚ Marketing
- ✚ Personality Development